

# STAY CONNECTED



SDSUDINING.COM



SDSUJACKSDINING



@SDSUJACKSDINING



SEARCH JACKS' DINING

Check out the Health Kiosk at Larson Commons for more information.



## JAVA CITY- WAGNER

Latte with Soy Milk, no whip  
Coffee  
Iced Coffee  
Tea  
Iced Tea  
Americano Espresso  
Iced Americano  
Espresso

## PAPA JOHN'S

All regular menu items contain dairy, but a guest may ask for no cheese on a pizza or breadsticks that haven't been covered in garlic parmesan sauce

## DAIRY BAR

Plain or Blueberry Bagel

# DAIRY FREE

dining options



Jacks' Dining

Questions or Concerns?

Please Contact

[sdsu.campusdining@sdstate.edu](mailto:sdsu.campusdining@sdstate.edu)

## CHICK-FIL-A

Fruit Cup  
Waffle Fries  
Grilled Market Salad: without blue cheese

Sauces: Honey Mustard, reduced fat Raspberry Vinaigrette, and Apple Cider Vinaigrette

## PANDA EXPRESS

All entrees except Honey Walnut Shrimp and Orange Chicken  
All sides except Cream Cheese Rangoons

Example Order:

-Panda Bowl: Chow Mein and Broccoli Beef w/ Chicken egg roll  
-Two Entree Meal: Fried rice w/ Sweetfire Chicken, Beijing Beef, with potstickers on the side

## EXTREME PITA

Gyro	Black Olives
Bacon	Pickles
Ham	Banana Peppers
Turkey	Jalapeno Peppers
Steak	Green Peppers
Chicken	bean Salad
Broccoli	Mushroom
Shredded Carrots	Cucumber
Pineapple	Tomato
Onion	Romaine lettuce
	Hummus*

Sauces: Balsamic Vinaigrette, BBQ, Franks Hot Sauce, Hot Southern Cajun BBQ, Northern Heat, Pepita Mole, Sweet Chilli Heat

Any pitas can be made into salads

Example Order:

-Bourbon Chipotle (ask for no cheese): grilled chicken, bacon, tomato, romaine, onion, green pepper, bourbon chipotle sauce  
-Uncle Philly (ask for no cheese): philly steak, green pepper, red onion, mushroom, romaine, chipotle mayo  
-Chicken Pita: spinach, cucumber, tomato, onion and honey mustard

\*Hummus is produced in factory that also uses dairy products

## UNION COFFEE

Americano  
Latte with Soy, no whip  
Cappucino with Soy, no whip  
Iced Caffè Americano

Iced Caffè Latte with Soy, no whip  
Iced Coffee  
Iced Coffee with Soy  
Pike Place Roast Coffee  
Tazo Chai Tea Latte with Soy (contains Honey)

## WEARY WIL'S

Nutritional information coming soon

## EINSTEIN BROS. BAGELS

Plain Bagel  
Everything Bagel  
Sesame Bagel  
Blueberry Bagel  
Cinnamon Raisin bagel  
Latte with soy milk, no whip  
Coffee  
Iced Coffee  
Tea  
Iced Tea  
Americano  
Iced Americano  
Espresso  
Orange Juice

## CALIENTÉ

Pico De Gallo  
Corn Salsa  
Salsa Verde  
Black Beans  
Pinto Beans  
Guacamole  
Steak  
Ground beef  
Vegetables

Example Order:

-Steak Burrito: pinto beans, rice, corn salsa and guacamole  
-Chicken Burrito: black beans, rice, pico de gallo and jalapenos  
-Taco Beef Burrito: lettuce, pico del gallo, black olives and guacamole  
-Portobello Mushroom Burrito: black beans, rice, salsa verde, jalapenos, black olives and guacamole

\*\*They use the same steam wand for all steamed milk and steamed soy milk drink, so ask that they clean it extra thoroughly

## THESE & THOSE NOODLES

Pasta  
Chicken  
Sausage  
Shrimp

Gluten Free Pasta  
Marinara Sauce  
Broccoli  
Carrots  
Black Olives  
Mushrooms

Example Order:

-Pasta with marinara sauce, sausage, black olives and mushrooms  
-Pasta with marinara sauce, chicken, broccoli and carrots  
-Pasta with marinara sauce, garlic, onion, shrimp and black olives

## WRAPS & MORE

Flour Wrap  
Tomato Basil Wrap  
Vegetables  
Hummus  
Sauces: Fat Free Italian Dressing & Fat Free Raspberry Vinaigrette

Example Order:

-Flour Wrap with lettuce, tomatoes, onion, green peppers, cucumbers, and raspberry vinaigrette  
-Tomato Basil Wrap with spinach, tomatoes, cucumbers, banana peppers, and hummus spread  
Peanut Butter and Jelly Flour Wrap

## ERBERT & GERBERTS

French and Honey Wheat Bread  
Vegetables  
Tuna  
Roast beef  
Beef

Sauces: Mayo

Example Order:

-Boney Billy: turkey, mayo, lettuce, and tomato  
-Bornk: tuna, lettuce and tomato  
-Halley's Comet: roast beef, mayo, lettuce and tomato  
-Homestyle Beef Chili