

STAY CONNECTED



SDSUDINING.COM



SDSUJACKSDINING



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SEARCH JACKS' DINING

Check out the Healthy for Life
touchscreen kiosk for Larson Commons
nutritional information



VEGETARIAN

dining options



Jacks' Dining

Questions or Concerns?
Please Contact

sdsu.campusdining@sdstate.edu

CHICK-FIL-A

Fruit Cup
Waffle Fries

PANDA EXPRESS

White Rice
Brown Rice
Chow Mein
Fried Rice
Mixed Veggies
Cream Cheese Wontons
Spring Rolls

Example Order:

-Panda bowl: Fried rice w/mixed veggies
-Panda bowl: Chow mein with spring rolls
-Two entree: Half and half fried rice and chow mein with order of cream cheese wontons and spring rolls

EXTREME PITA

Romaine Lettuce	Croutons
Tomato	Shredded Carrots
Cucumber	Black Olives
Mushroom	Pickles
Jalapeno Peppers	Broccoli
Green Pepper	Onion
Banana Peppers	Pineapple
Mozzarella Cheese	Bruschetta
Feta Cheese	Tabouleh
Cheddar Cheese	Broccoli Salad
Parmesan Cheese	Bean Salad

Any pitas can be made into salads

Example Order:

-Veggie Pita: Spinach, tomato, green pepper, cucumber, onion, banana peppers and balsamic vinaigrette
-Falafel Pita: tabouleh, romaine, onion and hummus
-Cheese Flatbaked Pita: green pepper, black olive, tomato, and onion

*Hummus is produced in factory that also uses dairy products

UNION COFFEE

All coffee drinks are vegetarian

WEARY WIL'S

Nutritional information coming soon

EINSTEIN BROS. BAGELS

Fruit cup
All bagels

All schmears
All coffee drinks and smoothies and Lemonades

Example Order:

Asparagus, Mushroom & Swiss Thinastic Eggwhite
Cheese Only Egg Sandwich
VegOut Sandwich
Spinach Mushroom and Swiss Egg Sandwich

CALIENTÉ

Tortilla
Portobello Mushroom
Pico de Gallo
Corn Salsa
Salsa Verde
Black Beans
Pinto Beans
Guacamole
Sour Cream

Example Order:

-Portobello mushroom burrito: black beans and corn
Salsa
-Cheese Quesadilla: pico de gallo and a side of guacamole

THESE & THOSE NOODLES

Pasta**
Gluten Free Pasta
Marinara
Broccoli
Carrots
Olives
Mushrooms

Example Order:

-Pasta with marinara sauce, black olives, and mushrooms

-Pasta with alfredo, broccoli, carrots

**Pasta is produced in factory that also uses eggs as an ingredient

WRAPS & MORE

Flour Wrap
Tomato Basil Wrap
Vegetables
Pepper jack cheese
Cheddar cheese
Hummus
Wheat wrap
Jalapeno cheese wrap

All sauces are vegetarian

Example Order:

-Flour Veggie Wrap: lettuce, tomato, onion, green peppers, cucumber, and raspberry vinaigrette dressing
-Tomato Basil Veggie Wrap: spinach, tomato, cucumber, banana pepper and hummus spread
-Jalapeno Cheese Veggie Wrap: pepper jack cheese, lettuce, jalapenos, onion, tomato, and buffalo sauce
-Honey Whole Wheat Veggie Wrap: cheddar cheese, spinach, lettuce, tomato, hummus, cucumber and BBQ sauce

ERBERT & GERBERTS

-Jacob Bluefinger w/ provolone, avocado, mayo and tomato
-Cheddar Cheese and Broccoli Soup
-Tomato Basil Soup

JAVA CITY- WAGNER

All coffee/espresso drinks
All pastry items
All smoothies

PAPA JOHN'S

Garden Fresh Pizza
Cheese Pizza
Breadsticks
All sauces are vegetarian

DAIRY BAR

All ice cream flavors are vegetarian***
All cheese options except for Bacon Cheddar or Smoke Bacon Cheddar are vegetarian

***Ice cream flavors that have marshmallows contain gelatin

Stay Healthy
& Happy